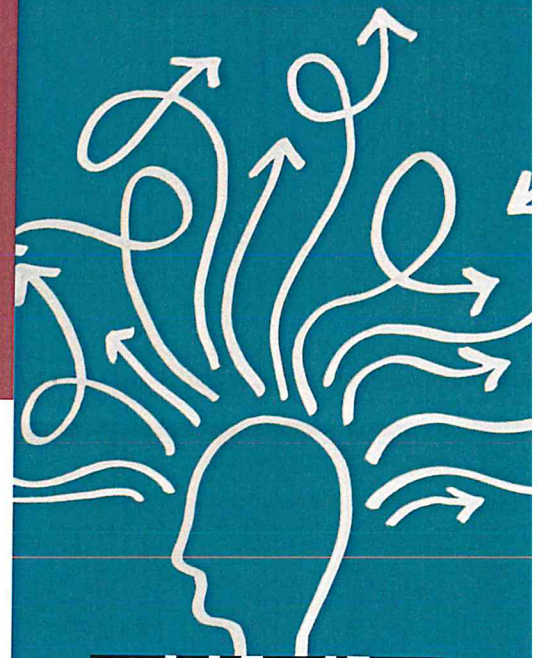


# AUTUMN MENTAL HEALTH CONFERENCE

**SEPTEMBER 16TH**  
DONIPHAN, MO



**REGISTER AT:  
WWW.MOHIGH.ORG**



## Your Mind Matters

### Agenda:

- 9:30am | Registration
- 10:00am | Welcome by Kelli Hall
- 10:05am | The Redemption of Ricky Johnson
- 11:05am | Internet and Your Child's Mind by Stacy Bentsen, MA, PLPC
- 11:35am | Lunch, provided by AARP
- 12:15pm | Neurodiversity with Chris Armstrong
- 12:30pm | Mindfulness with Mariah Joplin
- 1:00pm | Mind Toggling with Dr. Shannon Farris
- 3:00pm | Closing by Kelli Hall

### Event Vendors:

Aging Matters | AARP | FCC | MU Extension  
Southeast Missouri Behavioral Health | Missouri Highlands Health Care



 **His Place Church, Doniphan**

 **9:30AM - 3PM**